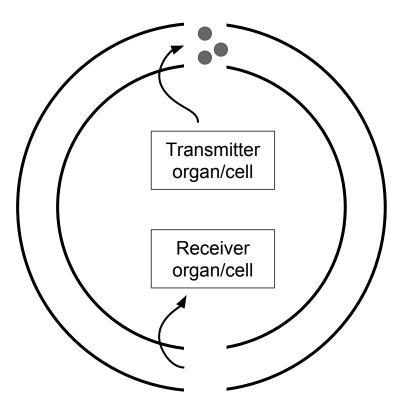
Optimizing Rate of Hormone Clearance to Maximize Channel Capacity in the Bloodstream

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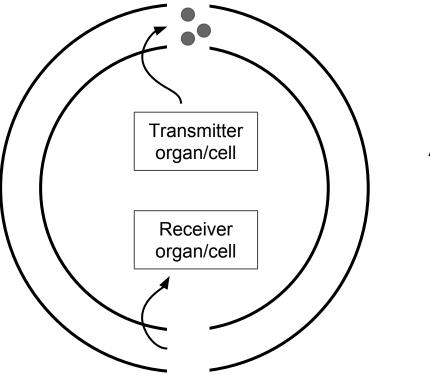
Hormones act as messengers in the circulatory system



In molecular communication,

Hormones are secreted at some rate, *F*, at TX.

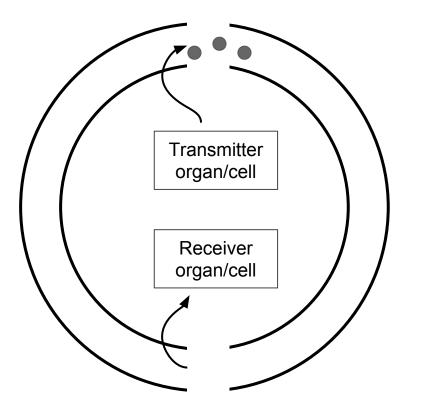
The presence of molecule above a threshold, *T*, at RX = 1 The absence of a molecules (or below threshold *T*) at RX = 0



Diffusion

Advection

Clearance

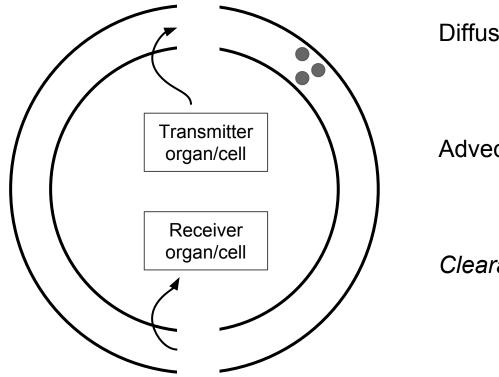


Diffusion

 d^2C $\mathrm{d}C$ dt $\mathrm{d}x^2$

Advection

Clearance



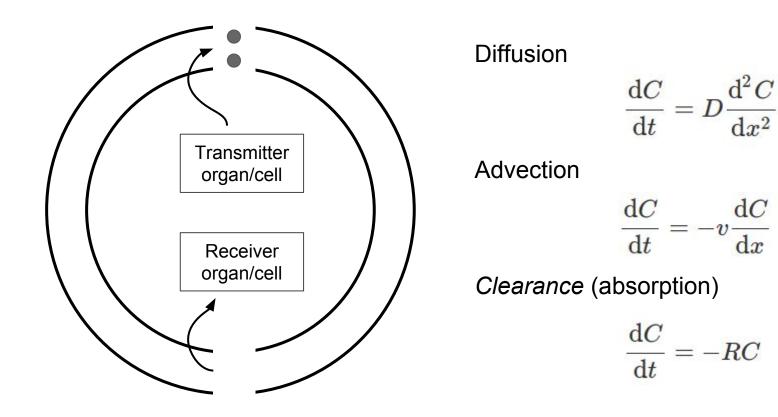
Diffusion

 d^2C $\mathrm{d}C$ dt $\mathrm{d}x^2$

Advection

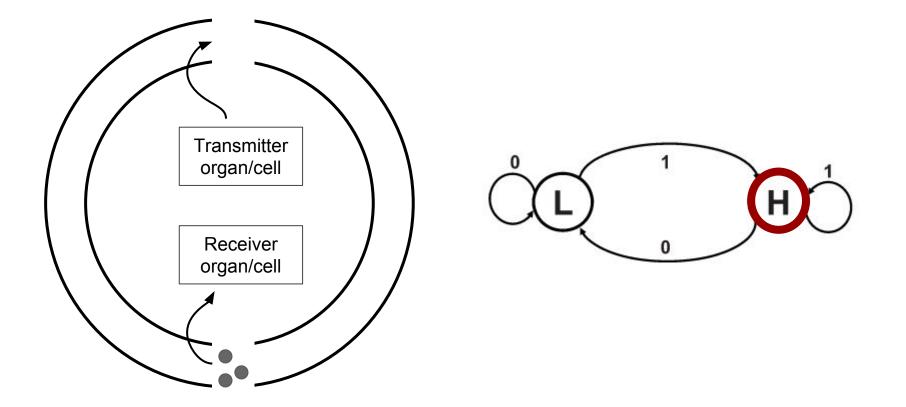
$\mathrm{d}C$	=	-v	$\mathrm{d}C$
dt			$\mathrm{d}x$

Clearance

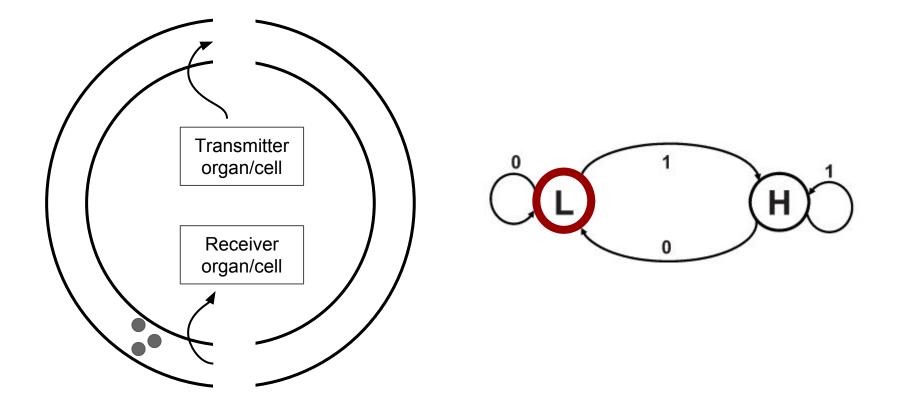


 $v \frac{\mathrm{d}C}{\mathrm{d}x}$

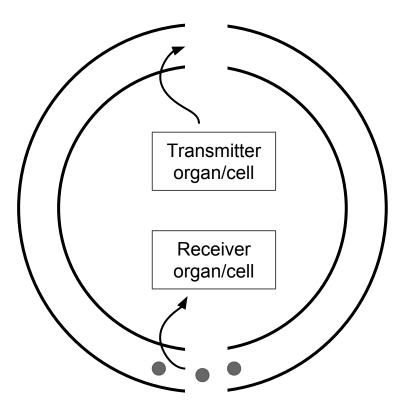
Channel capacity is determined by amount of time needed to switch states

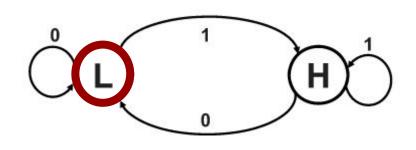


Channel capacity is determined by amount of time needed to switch states



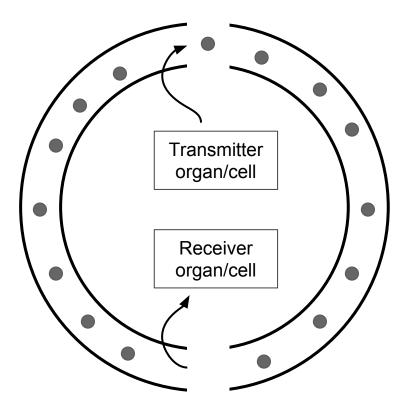
Channel capacity is determined by amount of time needed to switch states





Noisy molecule positions make the transition hard to distinguish

Because it is a closed system, "noise floor" is a result of remnant molecules



Since it eliminates remnant molecules, *clearance* may play an important factor in setting the channel capacity!

Prior Work

- 1. What is the channel capacity of a diffusion-based molecular system? No unified theory, but:
- State-space approach to model information in molecular comm. (Fekri) [1]
- Memory and noise from a thermodynamic perspective (Akyildiz) [2]
- Approximating noise as Gaussian to use classic Shannon (Goldsmith) [3]
- 2. How to estimate channel capacity of the bloodstream?
- Models probability distribution of CO₂ in different physiological conditions to come up with entropy and information limits (Yamamoto)

No discussion of clearance-limited noise floor in prior literature. Is the clearance relevant to channel capacity? Is the clearance optimized to maximize channel capacity in biological system?

If the bloodstream is treated as 1D, and a transmitter cell releases a unit impulse of molecules, what will the distribution of molecules look like when it arrives at a receiver cell a distance *L* down the bloodstream? Assume that clearance occurs at a very different time scale than diffusion.

How does the peak concentration change (approximately) if instead of an impulse initial condition, there is instead a short rectangular pulse of time τ , with a rate (amplitude) *F*? Specify any assumptions you use.

Solution 1: Cellular Transport

First, let us assume that a single velocity, v describes the advection of molecules in the system. This doesn't mean that the velocity is constant, but rather all of the molecules experience an average velocity $v \equiv \frac{1}{L} \int_0^L v(x) dx$ by the time they reach a position $x \approx L$. In this case, advection acts simply to change the frame of reference from C(x,t) to C(x-vT,t+T) after a time T independent of other processes in the system.

The diffusion of molecules will produce the well-known impulse response of

$$h(x,t) = \frac{1}{\sqrt{4\pi Dt}} e^{-\frac{x^2}{4Dt}} [1 \cdot \text{mol}]$$

. The impulse response to clearance is

$$h(x,t) = \delta(x)e^{-Rt}$$

If the two processes occur at very different time scales, then the impulses responses can be multiplied together in time to get

$$h(x,t) = \frac{e^{-Rt}}{\sqrt{4\pi Dt}} e^{-\frac{x^2}{4Dt}} \left[1 \cdot \text{mol}\right]$$

T = L/v

Solution 1: Cellular Transport

Bringing back advection, we simply change frames to get

$$h(x = L, t = T) = \frac{e^{-RT}}{\sqrt{4\pi DT}} e^{-\frac{(x-L)^2}{4DT}} [1 \cdot \text{mol}]$$

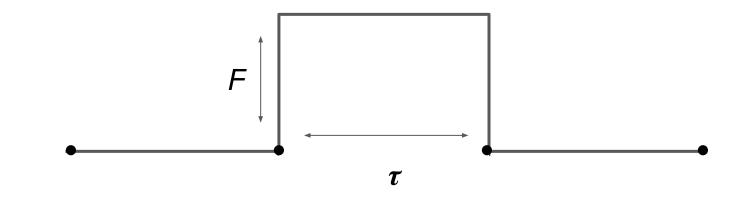
The peak concentration here is clearly at x = L and is given by $\frac{e^{-RT}}{\sqrt{4\pi DT}}$. Now, if we want to know the response to a rectangular pulse, we convolve h(x,t) with the rectangular pulse. The rectangular pulse has a width τv in space. If this width is much smaller than the standard deviation of the Gaussian impulse response above, then we are essentially convolving two rectangular functions. So, if $\tau v \ll \sqrt{4DT}$, then the peak concentration at x = L becomes

 $L\gg v\bar{\tau}$

$$C(x = L, t = T) = \frac{F\tau e^{-RT}}{\sqrt{4\pi DT}}$$

(We note in passing that the peak concentration at L may occur slightly before T, but we neglect that difference here)

The release of molecules is determined by cellular processes and biochemical feedback for the hormone of interest. Let us assume that the transmission happens at a frequency *f* (this could range from every few seconds to hours) in a pulsatile waveform of duration τ and amplitude *F*, what is the equilibrium concentration of molecules in the bloodstream, C_o ?



Neither diffusion nor advection change the total number of molecules, so at equilibrium, we know that

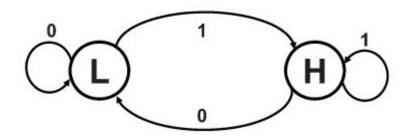
$$\frac{\mathrm{d}C}{\mathrm{d}t} = \frac{fF\tau}{2L} - RC = 0$$

Note that we have somewhat arbitrarily chosen the entire length of the circulatory system as 2L. This is because in quite a few applications, the transmitting organ is on the opposite end of the circulatory system. For example, the brain releases antidiuretic hormone (ADH), which is a signal to the kidneys.

Let $C_0 \equiv$ the equilibrium concentration. We solve to get

$$C_0 = \frac{fF\tau}{2LR}$$

If the equilibrium concentration of the molecules in the bloodstream is C_o , a reasonably sensitive receiver cell may decide to change states to "H" if it detects a hormone level of $>2C_o$ and may transition back to "L" if it detects a hormone level of $\sim C_o$. If the cell can release hormones with a pulse amplitude *F*, what is the pulse release time τ required for a transition in both cases: L \rightarrow H and H \rightarrow L?



Solution 3: Pulse Time Needed for State Transitions

To go from a concentration of C_0 to $2C_0$, the cell must release enough hormone such that the concentration of the hormone at x = L increases by C_0 . Thus, from part (1), we can write that

$$C_0 = \frac{F\tau_1 e^{-RT}}{\sqrt{4\pi DT}}$$

Solving for τ_1 , I get

$$\tau_1 = \frac{C_0 \sqrt{4\pi DT}}{F e^{-RT}}$$

To drop from a concentration of C_0 , the cell must simply not release any hormone. In this case, the concentration drops entirely due to clearance. The time it takes, τ_0 , is given by:

$$2C_0 = C_0 e^{-R\tau_0}$$

$$\tau_0 = \frac{-\ln\frac{1}{2}}{R} \approx \frac{0.69}{R}$$

Assuming that (almost) all of the information is conveyed in the state transitions $L \rightarrow H$ and $H \rightarrow L$ which occur with equal probability, calculate the Shannon channel capacity for this channel.

If each transition has an equal chance of occurring, then the information carried with each signal is

$$-\log p_i = -\log 1/2 = 1$$
 bit

Let T be a long time. The information carried by this channel in a time T is given by $\frac{(2)T}{\tau_0+\tau_1}$. Thus the average channel capacity can be written as:

$$c = \frac{2}{\tau_0 + \tau_1}$$

Plot the channel capacity as a function of R. For what value of R is the channel capacity maximized with the parameters below for for the antidiuretic hormone (ADH) [4]? How close is this to the value of R obtained from literature (see table)? Verify all of the assumptions made above hold for ADH.

 $mol \rightarrow pg, cm \rightarrow mL$

Physiological Parameters for ADH in the Human Body		
F [pg/sec]	2.5 [4]	
<i>C_o</i> [pg/cm*]	0.033 [5,8]	
D [cm²/sec]	4.51×10 ⁻⁶ [6]	
T [sec]	30 [7]	
R [1/sec**]	0.012 [5,9,10]	

* after multiplication by an average blood vessel area (1 mm²) to go from pg/mL to pg/cm **Converted from pg/sec to 1/sec by total volume of glomerulus

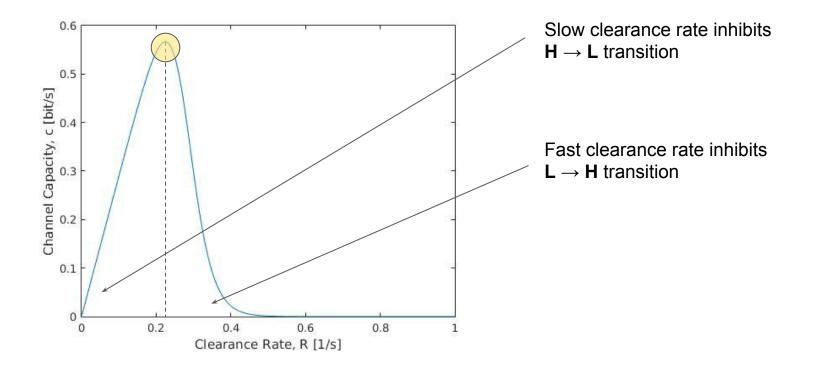
Substituting our expressions from part (4), the channel capacity is equal to:

$$c = \frac{2}{\frac{C_0 \sqrt{4\pi DT}}{Fe^{-RT}} + \frac{\ln 1/2}{R}}$$

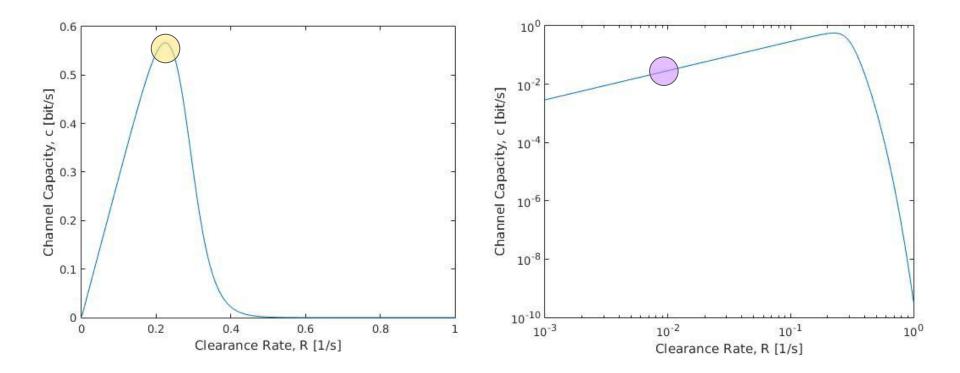
Substituting values from literature,

$$c = \frac{2}{\frac{1}{1839e^{-R \cdot 30\,s}} + \frac{0.69}{R}}$$

This takes a maximum for $R = 0.224 \text{ s}^{-1}$ when c = 0.57 bits/s



Solution 5: Optimizing the Clearance Rate



Implications and Future Plans

- We have developed an analytical expression for the channel capacity of the bloodstream that is extendable to a variety of hormones and molecules based on available information. We show that clearance does significantly affect channel capacity
- The clearance rate of ADH does not seem to be set to maximize channel capacity. However, for molecules that are part of faster biochemical feedback loops (like adrenaline, CO₂), the channel capacity may be closer to optimal. This should be verified for other molecules.
- We should also verify the many cellular biology assumptions (concentration threshold for signal transduction, etc.)

???

References

- 1. <u>http://www.mit.edu/~beirami/papers/ISIT11-capacity.pdf</u>
- 2. <u>http://ieeexplore.ieee.org/stamp/stamp.jsp?arnumber=6305481</u>
- 3. <u>http://arxiv.org/pdf/1602.07757v1.pdf</u>
- 4. <u>http://ac.els-cdn.com/0304394086903083/1-s2.0-0304394086903083-main.pdf?_tid=eff0269c-1b18-11e6-9c48-00000aacb35d&acdnat=1463370640_271d92232e0c122c67b8c1c8dc7643f6</u>
- 5. http://www.ncbi.nlm.nih.gov/m/pubmed/6467834/
- 6. http://onlinelibrary.wiley.com/doi/10.1021/js960503w/epdf
- 7. <u>http://www.lbc.co.uk/how-long-does-it-take-for-blood-to-flow-round-the-body-47277</u>
- 8. <u>http://www.encyclopedia.com/topic/Blood_vessels.aspx</u>
- 9. <u>http://www.ias-iss.org/ojs/IAS/article/viewFile/631/534</u>
- 10. http://ndt.oxfordjournals.org/content/24/8/2428.full.pdf+html

 C_0 is 3.3 pg/mL according to [5]. If the average blood vessel size is taken to be 1mm², then the 1-dimensional concentration becomes $C_0 = (1mm^2/1cm^2) 3.3$ pg/mL = 0.033 pg/cm.

There are 1,000,000 glomeruli, with an average volume of 10^7 um^3 [9,10]. This gives a total volume of 10^{13} um^3 which is 10mL. This means that the rate of absorption R must be 7.5 mL / 10 mL / 60 seconds = 0.012 1/sec if we use the rate of excretion from [5].